

# WORTHING & DISTRICT HARRIERS

## 20 MILE ROAD RACE

Sunday 18<sup>th</sup> March 2012 9.00am

Run under UKA rules. Race License 2012-101403.

Race Measurement No. 05/034

### ELECTRONIC CHIP TIMING

**Start/Finish** Amberley Drive, Goring Gap, Worthing BN12 4QW  
**Course** Fast flat 4 lap course  
**Entries To** Race Secretary, 58 Test Road, Sompting, West Sussex, BN15 0EL  
**Entry Fees** £18 Affiliated, £20 Unaffiliated  
Entries on Day £25, only if race limit not reached  
Please make cheques payable to Worthing & District Harriers  
**S.A.E Not required**  
**Closing Date for postal entries 7<sup>th</sup> March 2012**  
**Prizes** 1<sup>st</sup> 10 Men, 1<sup>st</sup> 5 Ladies, 1<sup>st</sup> Finishers in Age Categories  
**Please note** Time limit to complete the race is 4 hours  
**Further Information** Please visit [www.worthingharriers.com](http://www.worthingharriers.com)



THE JOB SHOP



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### ENTRY FORM WORTHING 20 MILE ROAD RACE (online entry preferred) MINIMUM AGE FOR ENTRY 18YRS

Surname ..... Forename .....

Age on Day of Race ..... Sex M / F

Tel No ..... Club Name .....

Address .....

..... Postcode .....

Email .....

Estimated Finishing Time ..... Affiliated Y / N UKA Number .....

**Disclaimer:** I intend to run entirely at my own risk and confirm that the organisers shall not be liable for any accident, injury, loss or damage as a consequence of my participation. I will abide by UKA rules for competition. I confirm that I will be 18 years or over on the day. Entry fee not refundable. **Runners accept responsibility for their own safety if wearing an mp3 player.**

Signed .....

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